FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
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STATEMENT	OF CH	ANGES	N DENEC	ICIAL C	WWEDSHID
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OMB APPROVAL								
OMB Number: 3235-0287								
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hours r	or reenonce	0.5						

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

	I VICTO		(Middle)	3	2. Issuer Name and Ticker or Trading Symbol Aveanna Healthcare Holdings, Inc. [ AVAH ]  3. Date of Earliest Transaction (Month/Day/Year) 02/14/2024								ck all applica Director	able)	g Perso	10% Ow Other (s below)	ner		
C/O AVEANNA HEALTHCARE HOLDINGS INC. 400 INTERSTATE NORTH PARKWAY SE					4. If Amendment, Date of Original Filed (Month/Day/Year)							Line)	X Form filed by One Reporting Person						
(Street) ATLAN	ГА G	A	30339										Form filed by More than One Reporting Person						
Rule 10b5-1(c) Transaction Indication  (City) (State) (Zip)  Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.											o satisfy								
Table I - Non-Deriva  1. Title of Security (Instr. 3)  2. Transa Date					rative Securities Acquired, Disposed of, or Benefic  action  2A. Deemed   3.   4. Securities Acquired (A) or Execution Date.   Transaction   Disposed Of (D) (Instr. 3, 4			(A) or	5. Amount of				'. Nature of						
				(Month/Day			Code (Instr.		Disposed Of (D) (ilisti. 3, 4		o, 4 ana o,	Beneficia Owned Fo	ally (D) of ollowing (I) (II	(D) or	or Indirect Enstr. 4)	Beneficial Ownership (Instr. 4)			
					Code V Amount (A) or (D)		Price	Transaction(s) (Instr. 3 and 4)											
Common Stock 02/14					4/2024 M 103,175 A				(1)	(I) 401,403 D									
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security  1. Title of Conversion or Exercise Price of Derivative Security  1. Title of Conversion Date or Exercise (Month/Day/Year)  2. Conversion Date (Month/Day/Year)  3. Transaction Date Execution Date, if any (Month/Day/Year)		Code	ansaction Derivative ode (Instr. Securities			Exp	Date Exercisable and Expiration Date (Month/Day/Year)      Title and of Securiting Underlying Derivative (Instr. 3 and Instruction of the Ins		ities ng /e Se	curity	Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s	e S Illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)				
						xpiration ate	ation or Num		mount umber Shares		(Instr. 4)								
Restricted Stock Units	(1)	02/14/2024		М			103,175		(2)		(2)	Common Stock, par value \$0.01 pe share	10	03,175	\$0.00	0		D	

## **Explanation of Responses:**

- 1. Each restricted stock unit ("RSU") converts into one share of common stock, \$0.01 par value per share, of Aveanna Healthcare Holdings Inc.
- 2. On February 14, 2023, the reporting person was granted 103,175 RSUs, which vested on February 14, 2024.

/s/ Winthrop Rutherfurd, 02/20/2024 Attorney-in-Fact

\*\* Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.