FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549

STATEMENT OF	CHANGES IN	BENEFICIAL	OWNERSHIP

OMB APPROVAL								
OMB Number: 3235-0								
Estimated average burden								
L	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

	n Sheldon	Reporting Person* M irst)	(Middle)		2. Issuer Name and Ticker or Trading Symbol Aveanna Healthcare Holdings, Inc. [AVAH] 3. Date of Earliest Transaction (Month/Day/Year) 02/14/2024										able)	g Pers	10% Ow Other (s below)	ner		
C/O AVEANNA HEALTHCARE HOLDINGS INC. 400 INTERSTATE NORTH PARKWAY SE					4.1	4. If Amendment, Date of Original Filed (Month/Day/Year)								Line)	Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person					
(Street) ATLAN	ГА G	A	30339		_									Form filed by More than One Reporting Person						
(City)	(S	tate)	(Zip)		Rule 10b5-1(c) Transaction Indication Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.										o satisfy					
		Та	ble I - Non-	-Deriv	ativ	e Se	curi	ities Ac	qui	ired, [Disp	osed c	of, or E	Bene	eficially	Owned				
Date			2. Transa Date (Month/E	action 2A. Deemed Execution Date if any (Month/Day/Yea		Code (Instr.		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4			5. Amount Securities Beneficia Owned For Reported	s lly ollowing	Form (D) or	: Direct I r Indirect I str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)					
								- 0	Code	v	Amount	(A) or (D) Price		Price	Transaction(s) (Instr. 3 and 4)					
Common Stock			02/14	4/2024				M		103,1	75 A (1)		242,543			D				
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Dat if any (Month/Day/Yo	Co	Transaction Code (Instr.				6. Date Exercisable a Expiration Date (Month/Day/Year)			7. Title and Amo of Securities Underlying Derivative Secur (Instr. 3 and 4)		ecurity	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficia Owned Following Reported Transacti	Ownershi Form: Direct (D) or Indirect (I) (Instr. 4		Beneficial Ownership (Instr. 4)	
			Co	ode	v			Date Exe	e ercisable		xpiration ate	Title	o N	mount r umber f Shares		(Instr. 4)				
Restricted Stock Units	(1)	02/14/2024		N	М			103,175		(2)		(2)	Commo Stock, par valu \$0.01 p share	ie 1	03,175	\$0.00	0		D	

Explanation of Responses:

- 1. Each restricted stock unit ("RSU") converts into one share of common stock, \$0.01 par value per share, of Aveanna Healthcare Holdings Inc.
- $2.\ On\ February\ 14,2023, the\ reporting\ person\ was\ granted\ 103,175\ RSUs, which\ vested\ on\ February\ 14,2024.$

/s/ Winthrop Rutherfurd, Attorney-in-Fact 02/20/2024

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.