FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,

| Washington, D.C. 20549 | OMB APPROVAL | | | |
|--|--------------------------|-----------|--|--|
| STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP | OMB Number: | 3235-0287 | | |
| | Estimated average hurden | | | |

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0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 1. Name and Address of Reporting Person* Afshar David (Last) (First) (Middle) C/O AVEANNA HEALTHCARE HOLDINGS INC. 400 INTERSTATE NORTH PARKWAY SE (Street) ATLANTA GA 30339 (City) (State) (Zip) | | | | | 3. Da 05/1 | 2. Issuer Name and Ticker or Trading Symbol Aveanna Healthcare Holdings, Inc. [AVAH] 3. Date of Earliest Transaction (Month/Day/Year) 05/16/2022 4. If Amendment, Date of Original Filed (Month/Day/Year) | | | | | | | | | Relationship of Reporting Person(s) to Issuer neck all applicable) Director 10% Owner (Special Delow) Chief Financial Officer Individual or Joint/Group Filing (Check Applicate) X Form filed by One Reporting Person Form filed by More than One Reporting Person | | | | pplicable |
|--|---|--------------------------------------|----------------------------|---|------------|---|--------------------------------------|---|-------------------------|-----------------------|---|--|---|--------------------|---|--|---|--|--|
| 1. Title of Security (Instr. 3) Common Stock, par value \$0.01 per share 2. Transaction Date (Month/Day/ | | | | 2A. Deemed Execution Date, if any (Month/Day/Year) | | | 3. Transa Code (8) Code | ection (Instr. | Amount (A) or (D) (Pri | | red (A) or str. 3, 4 and r Price \$2.8. | 587 | 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4) | | Form: Direct (D) or Indirect (I) (Instr. 4) | | 7. Nature of Indirect Beneficial Ownership (Instr. 4) | | |
| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. De Execu- if any | (e.g., pu | | alls, v | varra | mber ative rities ired osed | optio | e Exercition Day/\day | | 7. Title Amou Secur Under Deriva | e and int of ities rlying ative ity (Instr. | 8. P Der Sec | rice of ivative surity tr. 5) | 9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4) | , | 10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 11. Nature of Indirect Beneficial Ownership (Instr. 4) |

Explanation of Responses:

Remarks:

/s/ Shannon Drake, Attorney-

05/17/2022

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.