SEC Form 4	ł
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Instruction 1(b)

FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

OMB APPROVAL

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	-	T lieu	or Section 30(h) of the Investment Company Act of 1940		<u> </u>		
1. Name and Address of Reporting Person [*] Shaner Jeff (Last) (First) (Middle) C/O AVEANNA HEALTHCARE HOLDINGS INC. 400 INTERSTATE NORTH PARKWAY SE		(Middle) E HOLDINGS	2. Issuer Name and Ticker or Trading Symbol <u>Aveanna Healthcare Holdings</u> , Inc. [AVAH] 3. Date of Earliest Transaction (Month/Day/Year) 02/14/2023	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner X Officer (give title Other (specify below) Chief Executive Officer			
		RKWAY SE	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable Line)			
(Street) ATLANTA (City)	GA (State)	30339 (Zip)		X	Form filed by One Repo Form filed by More than Person	0	
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned							

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code (Instr.				Securities Beneficially	Form: Direct	7. Nature of Indirect Beneficial Ownership	
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(Instr. 4)
Common Stock, par value \$0.01 per share	02/14/2023		Α		421,094	Α	\$0.00 ⁽¹⁾	1,648,719 ⁽²⁾	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) 6. Date Exercisable and 7. Title and 1. Title of 3. Transaction 3A. Deemed 5. Number 8. Price of 9. Number of 10. 11. Nature Expiration Date (Month/Day/Year) Ownership Derivative Conversion Date (Month/Day/Year) Execution Date, Transaction Amount of Derivative derivative of Indirect Derivative or Exercise Price of Derivative if any (Month/Day/Year) Security (Instr. 3) Code (Instr. Securities Security (Instr. 5) Securities Form: Direct (D) Beneficial 8) Underlying Derivative Securities Beneficially Ownership or Indirect (I) (Instr. 4) Acquired Owned (Instr. 4) (A) or Disposed of (D) (Instr. 3, 4 Security (Instr. 3 and 4) Following Security Reported Transaction(s) (Instr. 4) and 5) Amount Number Date Expiration Date ٥f Code v (A) (D) Exercisable Title Shares

Explanation of Responses:

1. Grant of stock-settled restricted stock unit, subject to three-year cliff vesting.

2. Includes (i) 739 shares acquired under Aveanna's Employee Stock Purchase Plan (the "ESPP") on January 4, 2022, (ii) 2,645 shares acquired under the ESPP on July 8, 2022, and (iii) 2,289 shares acquired under the ESPP on January 5, 2023

Remarks:

/s/ Shannon Drake, Attorney-02/16/2023 in-Fact

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.