UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
WASHINGTON, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): August 13, 2026

Aveanna Healthcare Holdings Inc.
(Exact name of Registrant as Specified in Its Charter)

Delaware	001-40362	81-4717209
(State or Other Jurisdiction of Incorporation)	(Commission File Number)	(IRS Employer Identification No.)

400 Interstate North Parkway SE Atlanta, Georgia (Address of Principal Executive Offices)	30339 (Zip Code)

Registrant's Telephone Number, Including Area Code: 770 441-1580

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

☐ Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

☐ Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

☐ Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

☐ Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Securities registered pursuant to Section 12(b) of the Act:

Title of each class	Trading Symbol(s)	Name of each exchange on which registered
Common Stock, par value $0.01 per share	AVAH	The Nasdaq Stock Market LLC

Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 (§230.405 of this chapter) or Rule 12b-2 of the Securities Exchange Act of 1934 (§240.12b-2 of this chapter).

Emerging growth company ☐

If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act. ☐

Item 7.01 Regulation FD Disclosure.

On August 13, 2026, Aveanna Healthcare Holdings Inc. (the "Company", "we", "us", or "our") made available a financial presentation to investors. A copy of the presentation is attached hereto as Exhibit 99.1 and incorporated by reference in this Item 7.01. A copy of the presentation is also available on our website at ir.aveanna.com.

Use of our Website and Social Media to Distribute Material Company Information

We use our website as a channel of distribution for important Company information. We routinely post on our website important information, including press releases, investor presentations and financial information, which may be accessed by clicking on the “Investors” section of www.aveanna.com. We also use our website to expedite public access to time-critical information regarding our Company in advance of or in lieu of distributing a press release or a filing with the SEC disclosing the same information. Therefore, investors should look to the “Investors” section of our website for important and time-critical information. Visitors to our website can also register to receive automatic e-mail and other notifications alerting them when certain new information is made available on our website. Information contained on, or accessible through, our website is not a part of and is not incorporated by reference in this Current Report on Form 8-K.

The information contained in this Item 7.01, including in Exhibit 99.1 attached hereto, is “furnished” and not “filed” for purposes of Section 18 of the Exchange Act or otherwise subject to the liabilities of that section. Such information shall not be incorporated by reference in another filing under the Exchange Act or the Securities Act, except to the extent such other filing specifically incorporates such information by reference.

Item 9.01 Financial Statements and Exhibits.

(d) Exhibits.

Exhibit Number	Description
99.1	Aveanna Investor Presentation - August 2026
104	Cover Page Interactive Data File (embedded within the Inline XBRL document)

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned thereunto duly authorized.

			AVEANNA HEALTHCARE HOLDINGS INC.
Date:	August 13, 2026	By:	/s/ Matthew Buckhalter
			Matthew Buckhalter
			Chief Financial Officer
			(Principal Financial Officer)


Investor Presentation
August 2026
TRANSFORMING THE VALUE OF HOMECARE
aveanna
healthcare

Disclaimers and Forward-Looking Statements

This investor presentation (this "presentation") and any oral statements made in connection with this presentation are for information purposes only and do not constitute an offer to sell, a solicitation of an offer to buy, or a recommendation to purchase any equity, debt or other securities of Aveanna Healthcare Holdings Inc. (including its consolidated subsidiaries, "Aveanna," the "Company," "we," "us" or "our"). The information contained herein does not purport to be all inclusive. The data contained herein has been derived from various internal and external sources believed to be reliable, but there can be no assurance as to the accuracy or completeness of such information. Any data on past performance contained herein is not an indication as to future performance. Except as required by applicable law, Aveanna assumes no obligation to update the information in this presentation. Nothing herein shall be deemed to constitute investment, legal, tax, financial, accounting or other advice. This presentation is not intended for distribution to, or use by, any person in, any jurisdiction where such distribution or use would be contrary to local law or regulation. No representation or warranty (whether express or implied) has been made by Aveanna with respect to the matters set forth in this presentation.

Cautionary Note Regarding Forward-Looking Statements

Certain matters discussed in this presentation constitute forward-looking statements within the meaning of the Private Securities Litigation Reform Act of 1995. All statements (other than statements of historical facts) in this presentation regarding our prospects, plans, financial position, business strategy, expected financial and operational results, and any other future events may constitute forward-looking statements. Forward-looking statements generally can be identified by the use of terminology such as “believe,” “expect,” “anticipate,” “design,” “would,” “could,” “intend,” “plan,” “estimate,” “seek,” “will,” “may,” “should,” “predict,” “project,” “potential,” “continue,” “guidance,” or the negatives of these terms or variations of them or similar expressions. These statements are based on certain assumptions that we have made in light of our experience in the industry as well as our perceptions of historical trends, current conditions, expected future developments and other factors we believe are appropriate in these circumstances. These forward-looking statements are based on our current expectations and beliefs concerning future developments and their potential effect on us. Forward-looking statements involve a number of risks and uncertainties that may cause actual results to differ materially from those expressed or implied by such forward-looking statements, such as our ability to successfully execute our growth strategy, including through organic growth and the completion of acquisitions, effective integration of the companies we acquire, unexpected costs of acquisitions and dispositions, the possibility that expected cost synergies may not materialize as expected, the failure of Aveanna or the companies we acquire to perform as expected, estimation inaccuracies in revenue recognition, our ability to drive margin leverage through lower costs, unexpected increases in SG&A and other expenses, changes in reimbursement, changes in government regulations, changes in Aveanna’s relationships with referral sources, increased competition for Aveanna’s services or wage inflation, the failure to retain or attract employees, changes in the interpretation of government regulations or discretionary determinations made by government officials, uncertainties regarding the outcome of rate discussions with managed care organizations and our ability to effectively collect our cash from these organizations, changes in the case-mix of our patients, as well as the payor mix and payment methodologies, legal proceedings, claims or governmental inquiries, our ability to effectively collect and submit data required under Electronic Visit Verification regulations, our ability to comply with the terms and conditions of the CMS Review Choice Demonstration program, our ability to effectively implement and transition to new electronic medical record systems or billing and collection systems, a failure to maintain the security and functionality of our information systems or to defend against or otherwise prevent a cybersecurity attack or breach, changes in tax rates, our substantial indebtedness, the impact of adverse weather, and other risks set forth under the heading “Risk Factors” in Aveanna’s Annual Report on Form 10-K for its 2025 fiscal year filed with the Securities and Exchange Commission (the “SEC”) on March 19, 2026, which is available at www.sec.gov, as well as under similar headings in Aveanna’s subsequently filed Quarterly Reports on Form 10-Q and other filings with the SEC. In addition, these forward-looking statements necessarily depend upon assumptions, estimates and dates that may prove to be incorrect or imprecise. Accordingly, forward-looking statements included in this presentation do not purport to be predictions of future events or circumstances, and actual results may differ materially from those expressed by forward-looking statements. All forward-looking statements speak only as of the date made, and Aveanna undertakes no obligation to update or revise any forward-looking statements, whether as a result of new information, future events or otherwise, except as required by law.

Industry and Market Data

Unless otherwise indicated, information contained in this presentation concerning our industry, competitive position and the markets in which we operate is based on information from independent industry and research organizations, other third-party sources and management estimates. Aveanna has not independently verified the information and data obtained from third party sources and cannot assure you of such data’s accuracy or completeness. Management estimates are derived from publicly available information released by third-party sources, as well as data from our internal research, and are based on assumptions made by us upon reviewing such data, and our experience in, and knowledge of, such industry and markets, which we believe to be reasonable. Any industry forecasts are based on data (including third-party data), models and experience of various professionals and are based on various assumptions, all of which are subject to change without notice. In addition, projections, assumptions and estimates of the future performance of the industry in which we operate, and our future performance are necessarily subject to uncertainty and risk due to a variety of factors, including those described in “Cautionary Note Regarding Forward-Looking Statements.” These and other factors could cause results to differ materially from those expressed in the estimates made by the independent parties and by us.

Non-GAAP Financial Measures

This presentation includes various performance indicators and non-GAAP financial measures that we use to help us evaluate our business, identify trends affecting our business, formulate business plans, and make strategic decisions. EBITDA, Adjusted EBITDA, and Free Cash Flow are financial measures that are calculated and presented on the basis of methodologies other than in accordance with generally accepted accounting principles in the United States of America (“GAAP”). Definitions of such non-GAAP measures and reconciliations to their nearest comparable GAAP measures can be found in the Appendix to this presentation. Any non-GAAP financial measures used in this presentation are in addition to, and not meant to be considered superior to, or a substitute for, the Company’s financial statements prepared in accordance with GAAP.

Additional information with respect to Aveanna is contained in its filings with the SEC and is available at the SEC's website, www.sec.gov, and on Aveanna's website, www.aveanna.com

Transforming the Value of Homecare

Aveanna offers a leading, diversified homecare platform that delivers innovative care to pediatric, adult, and geriatric patients. With locations in 39 states, Aveanna has established a national footprint dedicated to high-quality clinical outcomes and enhanced value to our payor and government partners.

aveanna healthcare

Leadership Presenters

Jeff Shaner
Chief Executive Officer

- CEO of Aveanna since 2023
- Instrumental in formation of Aveanna Healthcare
- Former Chief Operating Officer of Aveanna Healthcare
- Former Chief Operating Officer of PSA Healthcare
- Former SVP, President of Operations of Gentiva Health Services
- Former President of Gentiva Health Services' Hospice Division

Matt Buckhalter
Chief Financial Officer

- CFO of Aveanna since 2023
- Integral to Aveanna's financial structure since inception
- Former Senior Vice President of Finance of Aveanna Healthcare
- Leads the Company's Investor Relations Group
- Former Vice President of Finance of PSA Healthcare since 2015

Debbie Stewart
Principal Accounting Officer

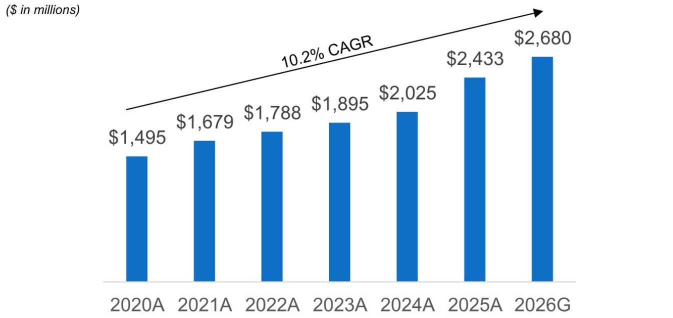
- Principal Accounting Officer of Aveanna since 2023
- Former Vice President of Accounting and Controller of Aveanna
- Leads the Company's Accounting, Tax, SEC Reporting and Internal Audit teams
- Former Assurance Senior Manager of Ernst & Young
- Certified Public Accountant since 2009

Aveanna Overview

By The Numbers

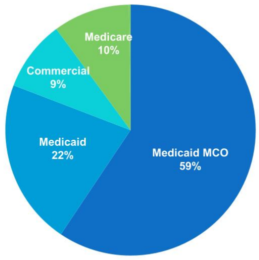
2026 Guidance	Key Operating Statistics (3)	
>$2.68b Revenue	**403** Locations	
32.2% Gross Margin(1)	**39** States	**30,000** Caregivers
>$365m Adjusted EBITDA	**48.9m** Homecare Hours(2)	**107** Preferred Payors

2020 – 2026 Revenue Growth



Payor Mix

No single payor contributes more than 10% of total revenue



National Footprint

1. YTD 2026 Gross Margin 2. Annualized YTD 2026 PDS Hours 3. As of July 4, 2026

Aveanna's Transformative Homecare Platform

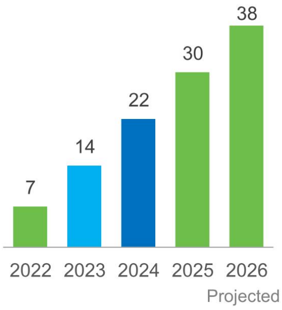
Our advanced homecare platform positions us to **improve outcomes with data-driven results and introduce value-based agreements that deliver exceptional value to our partners.**

- **Scaled National Platform**
- **Preferred Payor Partnerships**
- **Government Affairs Strategy**
- **Technology and Data Driven Results**
- **Improved Clinical Outcomes**
- **Reduction in Total Cost of Care**

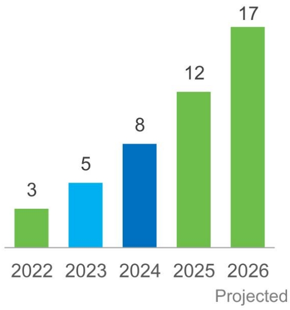
Aveanna's Transformative Homecare Platform

Continued substantial progress as demonstrated by key performance metrics.[1]

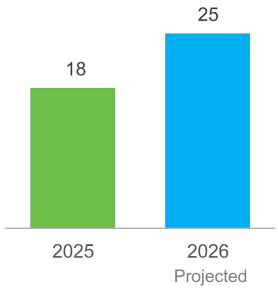
PDS Preferred Payors



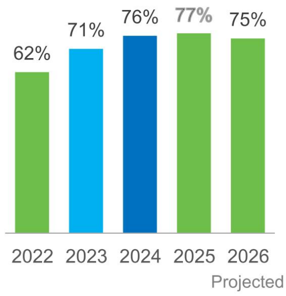
Value-based Agreements



MS Preferred Payors



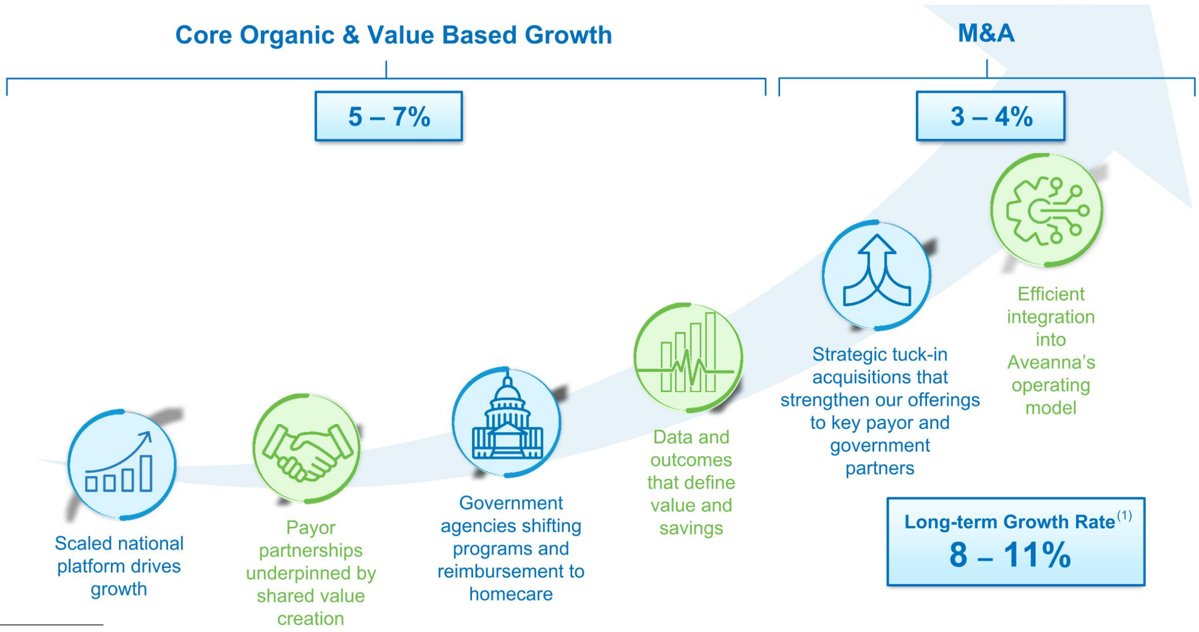
Home Health Episodic Mix



1. See Disclaimers and Forward-looking Statements slide.

Aveanna's Transformative Homecare Platform

Growth will continue to be driven by organic growth, M&A, and the enhanced value derived from our significant investment in our national homecare platform.



1. See Disclaimers and Forward-looking Statements slide.

Aveanna Business Segments

PRIVATE DUTY
SERVICES

HOME HEALTH
& HOSPICE

MEDICAL
SOLUTIONS

Private Duty Services Segment

By The Numbers

Financial Highlights	Key Operating Statistics (4)	
$2,179m Net Revenue[1]	**294** Locations	
26% – 28% Gross Margin[2]	**32** States	**46,000** Patients on Service
5% – 6% Organic Growth Rate[3]	**64%** % of PP Volume	**37** Preferred Payors

Key Items

- **Preferred payor partnerships underpinned by enhanced rates and value-based agreements**
- **Defined government affairs strategy in every state**
- **Scaled national recruiting platform to accelerate caregiver hiring**
- **Technology and data driven outcomes that support value-based agreements**
- **Strategic M&A tuck in opportunities in key states**

- One Nurse – One Patient
- Full Time & Per Diem Caregivers Paid by the Hour
- Longer Length of Stay
- Patient Demand Exceeds Caregiver Supply
- Services Delivered in the Comfort of the Patient's Home

1. YTD 2026 annualized revenue. 2. Management's target for gross margin percentages over time. 3. Management's target for total organic revenue growth rate over time. 4. As of July 4, 2026

Home Health & Hospice Segment

By The Numbers

Financial Highlights	Key Operating Statistics (4)	
$271m Net Revenue[1]	**82** Locations	
50% – 52% Gross Margin[2]	**15** States	**15,400** Patients on Service
8% – 10% Organic Growth Rate[3]	**80%** Episodic Mix	**50** Preferred Payors

Key Items

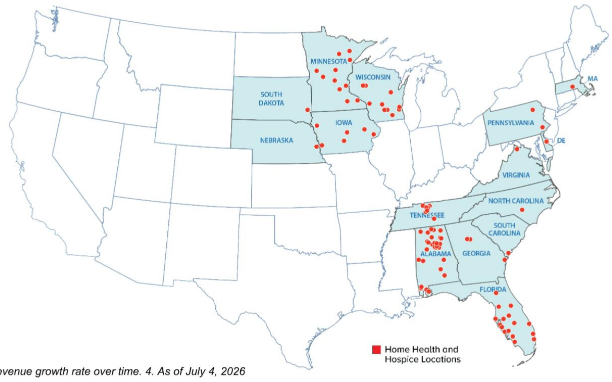
- HH preferred payors defined as episodic agreements
- Caregiver capacity aligned with preferred payors
- Episodic payor agreements and value-based payments driven by CMS star ratings
- Organic growth initiatives that support the preferred payor strategy

Home Health

- Geriatric Patient Population
- Intermittent Services
- Shorter Length of Stay
- Value-based Care Component
- RN, PT, OT, SLP, SW and HHA

Hospice

- Geriatric Patient Population
- Per Diem Reimbursement
- End-of-life Care / Support



1. YTD 2026 annualized revenue. 2. Management's target for gross margin percentages over time. 3. Management's target for total organic revenue growth rate over time. 4. As of July 4, 2026

Medical Solutions Segment

By The Numbers

Financial Highlights	Key Operating Statistics (4)	
$186m Net Revenue[1]	**27** States we deliver to	
42% – 44% Gross Margin[2]	**2–3 Years** Avg. Case Length	**31,100** Patients on Service
8% – 10% Organic Growth Rate[3]	**$500** Rate / UPS[5]	**20** Preferred Payors

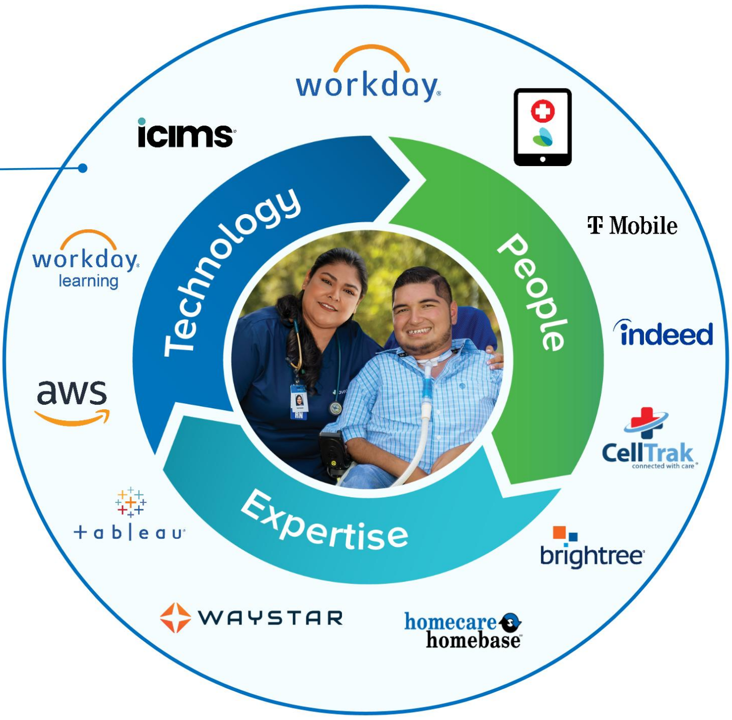
Key Items

- **Preferred payor contracts provide in-network patient support at favorable rates**
- **Enhanced AMS model driving need to refine our payor network with focus on preferred payors**
- **Nationally scaled enteral provider**
- **Strong patient demand drives growth trends**
- **Symbiotic relationship with PDN services**

- Nutritional Support – Enteral Product, Equipment and Supplies
- Provided to Pediatric, Adult, and Geriatric Patients
- 24-hour Clinical Support
- Longer Length of Stay
- Leading National Enteral Provider

1. YTD 2026 annualized revenue. 2. Management's target for gross margin percentages over time. 3. Management's target for total organic revenue growth rate over time. 4. As of July 4, 2026. 5. Q2 2026 Reimbursement Rate

Scaled Platform Built for Driving Growth and Enhancing Value



Fragmented Home Care Markets Support Sustainable Growth

Our Market Opportunity

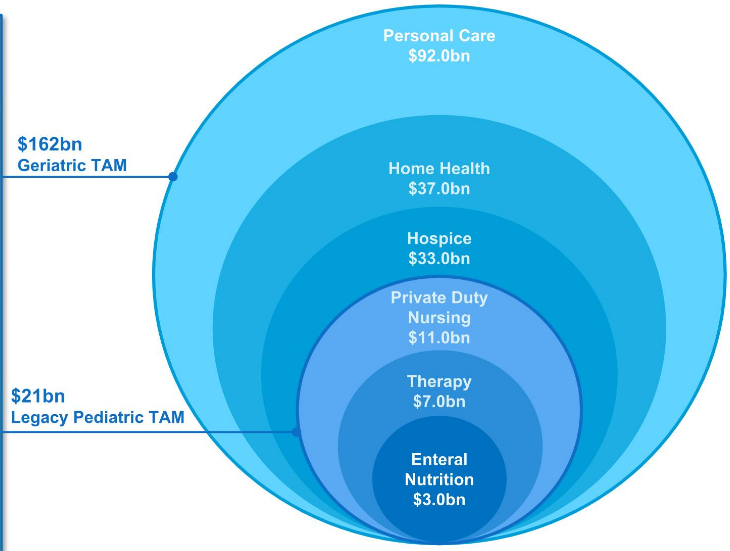
$183bn

TAM

~6.5%

Estimated annual growth from 2026-2031

- ✓ Significant unmet demand with substantial opportunity to improve outcomes and reduce total cost of care
- ✓ Family caregiver program expansion
- ✓ Continued shift toward home-based care by Medicare and Medicaid programs



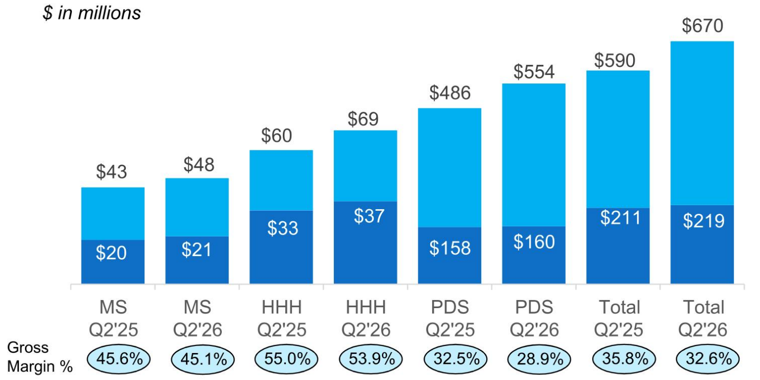
Source: 2026 Third party consulting report, management estimates.

Q2 2026 Financial Performance: Summary Results

Consolidated Results

$ in millions	Q2 2025	Q2 2026	Y/Y% Change
Revenue	$589.6	$670.5	13.7%
Gross Margin	$210.8	$218.5	3.7%
Adjusted EBITDA[1]	$88.3	$95.4	8.0%

Revenue and Gross Margin % by Segment



Key Highlights

- HHH Q2 2026 revenue growth of 14.8% from Q2 2025, driven by 14.7 thousand total episodes or 18.5% YOY volume increase
- PDS Q2 2026 revenue growth of 14.0% from Q2 2025, driven by 12.4 million hours of care or 12.3% YOY volume increase
- MS Q2 2026 revenue growth of 9.4% from Q2 2025, driven by 95 thousand unique patients served or 4.4% YOY volume increase
- Free Cash Flow of positive $75.4m for 2026, a $38.5m improvement compared to 2025

1. Adjusted EBITDA is a non-GAAP financial measure. See Appendix for a reconciliation to the most comparable GAAP measure

Q2 2026 Financial Performance: Capital Structure

Liquidity (1)

- Liquidity of $432.7m, comprised of the following:
  - $97.2m cash on balance sheet
  - $225.5m revolver availability
  - $110m securitization availability
- Undrawn revolver
- $24.5m in outstanding letters of credit

Cash Flow (2)

- Cash provided by operating activities of $85.3m
- Free cash flow of $75.4m (3)

Indebtedness and Hedging (1)

- Total variable rate debt of $1,483m, consisting of:
  - First Lien: $1,318.4m (S + 3.00%)
  - Securitization: $165.0m (S + 2.50%)
- Interest rate hedges in place:
  - $520m notional, 4% interest rate cap (expires December 2029)
  - $880m notional, 3% interest rate cap (expires February 2027)

1. As of July 4, 2026. 2. YTD 2026 3. Free Cash Flow is a non-GAAP financial measure. See Appendix for a reconciliation to the most comparable GAAP measure.

Path Forward:
Strategic and Operational Focus on Driving Shareholder Value

aveanna healthcare

Core Organic Growth

Value Enhancing Acquisitions

Enhanced Capital Structure

Appendix

Non-GAAP Measures

Non-GAAP Financial Measures

In addition to our results of operations prepared in accordance with U.S. generally accepted accounting principles ("U.S. GAAP"), we also evaluate our financial performance using EBITDA, Adjusted EBITDA, and Free cash flow. Given our determination of adjustments in arriving at our computations, these non-GAAP measures have limitations as analytical tools and should not be considered in isolation or as substitutes or alternatives to net income or loss, revenue, operating income or loss, cash flows from operating activities, total indebtedness, gross margin, gross margin percentage or any other financial measures calculated in accordance with GAAP. Each non-GAAP measure should be viewed in addition to our reported results prepared in accordance with U.S. GAAP.

EBITDA and Adjusted EBITDA

EBITDA and Adjusted EBITDA are non-GAAP financial measures and are not intended to replace financial performance measures determined in accordance with U.S. GAAP, such as net income or loss. Rather, we present EBITDA and Adjusted EBITDA as supplemental measures of our performance. We define EBITDA as net income or loss before interest expense, net; income tax expense or benefit; and depreciation and amortization. We define Adjusted EBITDA as EBITDA, adjusted for the impact of certain other items that are either non-recurring, infrequent, non-cash, unusual, or items deemed by management to not be indicative of the performance of our core operations, including impairments of goodwill, intangible assets, and other long-lived assets; non-cash, share-based compensation and associated employer payroll taxes; loss on extinguishment of debt; fees related to debt modifications; the effect of interest rate derivatives; acquisition-related and integration costs; legal costs and settlements associated with acquisition matters; restructuring costs; other legal matters; and other costs. As non-GAAP financial measures, our computations of EBITDA and Adjusted EBITDA may vary from similarly termed non-GAAP financial measures used by other companies, making comparisons with other companies on the basis of this measure impracticable.

Management believes our computations of EBITDA and Adjusted EBITDA are helpful in highlighting trends in our core operating performance. In determining which adjustments are made to arrive at EBITDA and Adjusted EBITDA, management considers both (1) certain non-recurring, infrequent, non-cash or unusual items, which can vary significantly from year to year, as well as (2) certain other items that may be recurring, frequent, or settled in cash but which management does not believe are indicative of our core operating performance. We use EBITDA and Adjusted EBITDA to assess operating performance and make business decisions.

We have incurred substantial acquisition-related costs and integration costs. The underlying acquisition activities take place over a defined timeframe, have distinct project timelines and are incremental to activities and costs that arise in the ordinary course of our business. Therefore, we believe it is important to exclude these costs from our Adjusted EBITDA because it provides management a normalized view of our core, ongoing operations after integrating our acquired companies, which we believe is an important measure in assessing our performance.

Free Cash Flow

Free cash flow is a liquidity measure that represents operating cash flow, adjusted for the impact of purchases of property, equipment and software, proceeds from issuance of term loans, net of debt issuance costs, principal payments on term loans, notes payable and financing leases, and settlements with swap counterparties. The most comparable GAAP measure is cash flow from operations.

Management believes free cash flow is helpful in highlighting the cash generated or used by the Company, after taking into consideration mandatory payments on term loans, notes payable and financing leases, as well as cash needed for non-acquisition related capital expenditures, and cash paid to or received from derivative counterparties.

Reconciliation of Net Income to Adjusted EBITDA

(dollars in thousands)	For the three-month periods ended July 4, 2026	For the three-month periods ended June 28, 2025	For the six-month periods ended July 4, 2026	For the six-month periods ended June 28, 2025
Net income	$ 40,293	$ 27,025	$ 81,946	$ 32,218
Interest expense, net	26,517	35,874	54,017	72,077
Income tax expense	16,180	17,113	19,502	22,068
Depreciation and amortization	2,849	2,617	5,893	5,211
EBITDA	85,839	82,629	161,358	131,574
Goodwill, intangible and other long-lived asset impairment	145	153	121	319
Non-cash share-based compensation	4,135	5,159	8,282	16,155
Fees related to debt modifications	1,504	-	1,504	-
Interest rate derivatives (1)	(3,067)	(72)	(6,171)	5,523
Acquisition-related costs (2)	4,390	3,400	7,500	3,507
Integration costs (3)	1,246	2,269	2,669	2,543
Legal costs and settlements associated with acquisition matters (4)	1,362	639	3,418	1,678
Restructuring (5)	-	80	-	416
Other legal matters (6)	3	(6,014)	28	(5,938)
Other adjustments (7)	(122)	131	1,077	(50)
Total adjustments (8)	$ 9,596	$ 5,745	$ 18,428	$ 24,153
Adjusted EBITDA	$ 95,435	$ 88,374	$ 179,786	$ 155,727

1-8: Please see our earnings release posted on August 13, 2026 for further description of the nature of these items

Reconciliation of Net Cash Provided by Operating Activities to Free Cash Flow

(dollars in thousands)	For the six-month period ended July 4, 2026
Net cash provided by operations	$ 85,277
Purchases of property and equipment, and software	(5,847)
Principal payments of term loans	(3,312)
Principal payments of notes payable	(4,961)
Settlements with swap counterparties	4,268
Free cash flow	$ 75,425